

Plain Dealer audio: Rebecca Reynolds of Planet Green

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Categories: Weekend Diary

Chris Stephens/PDRbecca Reynolds opened Planet Green in January.

Some people say it's hard to live a healthy, environmentally positive life. Rebecca Reynolds figures there's no choice.

As a teenager, she suffered a serious blood-clotting disorder and received high levels of steroids as a treatment. Once she recovered, she vowed to eat healthy, live smart and avoid environmental toxins.

Reynolds' store, Planet Green in Rocky River, is part of her cause. From furniture to jewelry, cleansers and pet supplies, she stocks practically everything to live a sustainable life.

In this week's Weekend Diary, Reynolds gives a tour of her store to Plain Dealer reporter Peter Krouse.

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